

THE DANCE NETWORK

Dance Studio • Performance Companies • Fitness & Personal Training

Winter/Spring 2019 Class Schedule for Adult Dancers (18+)

Call us for a customized class schedule for your dancer at (805) 225-6078

*Some classes may require prior experience or prerequisites

MONDAY								
STUDIO T			STUDIO D			STUDIO N		
4:30-5:30pm	TAP 1	KL	5:30-6:30pm	LATIN RHYTHMS	KY	12:00-1:00pm	CARDIO CIRCUIT	KY
5:30-6:30pm	TAP 2	KL	6:30-7:30pm	DANCING DAMES & DUDES	KY	3:30-4:00pm	MINI HIP HOP	DR
6:30-7:30pm	JUNIOR TAP COMPANY	KL	7:30-8:30pm	INT/ADV TEEN/ADULT CONTEMPORARY	CC	4:00-4:30pm	MINI TAP	KL
						4:30-5:30pm	FIT PARENTS CONDITIONING CLASS	KY
						5:30-6:30pm	BREAK DANCE 1/2	DR
TUESDAY								
STUDIO T			STUDIO D			STUDIO N		
5:30-6:30pm	TEEN/ADULT TAP 2	KL	3:30-4:30pm	KID'S INTRO TO BALLROOM	KY	7:00-8:00am	MORNING SWEAT SESSION	KY
7:30-8:30pm	TAP 5	KL	4:30-5:30pm	BALLET 3	BS	8:00-9:00am	BODY SCULPT	KY
8:30-9:30pm	PRO TAP COMPANY	KL	5:30-6:30pm	JAZZ 3	MS	12:00-1:00pm	CARDIO CIRCUIT	KY
			6:30-7:30pm	BEGINNING ADULT JAZZ	MS	3:30-4:00pm	MINI TAP	KL
						4:00-4:30pm	MINI BALLET	MS
						4:30-5:30pm	FIT PARENTS CONDITIONING CLASS	KY
						5:30-6:30pm	HIP HOP 3	BS
						6:30-7:30pm	STRETCH & CONDITIONING	KY
WEDNESDAY								
STUDIO T			STUDIO D			STUDIO N		
3:30-4:30pm	JAZZ 1	PM	3:30-4:30pm	BALLET 2	CC	7:00-8:00am	MORNING SWEAT SESSION	KY
4:30-5:30pm	JAZZ 2	PM	4:30-5:30pm	BALLET 1	CC	8:00-9:00am	BODY SCULPT	KY
5:30-6:30pm	TEEN/ADULT TAP 1	KL				9:30-10:30am	BALLET, TAP, TUMBLE FOR TODDLERS	MC
6:30-7:30pm	TAP 4	KL				12:00-1:00pm	CARDIO CIRCUIT	KY
						4:30-5:30pm	FIT PARENTS CONDITIONING CLASS	KY
						5:30-6:30pm	BALLROOM BASICS	KY
						6:30-7:30pm	BEGINNING TEEN/ADULT HIP HOP	BS
						7:30-8:30pm	INT/ADV TEEN/ADULT HIP HOP	BS
						8:30-9:30pm	BURLESQUE & HEELS	MH
THURSDAY								
STUDIO T			STUDIO D			STUDIO N		
5:30-6:30pm	TAP 3	KL	3:30-4:30pm	BROADWAY JAZZ/MUSICAL THEATER 1/2	ES	7:00-8:00am	MORNING SWEAT SESSION	KY
			4:30-5:30pm	CONTEMPORARY 1/2	CC	8:00-9:00am	BODY SCULPT	KY
			6:30-7:30pm	BEG/INT TEEN/ADULT CONTEMPORARY	Staff	12:00-1:00pm	CARDIO CIRCUIT	KY
			7:30-8:30pm	TEEN/ADULT JAZZ	Staff	4:30-5:30pm	HIP HOP 1/2	DR
						5:30-6:30pm	BREAK DANCE 2/3	DR
						6:30-7:30pm	STRETCH & CONDITIONING	KL
						8:30-9:30pm	SENIOR HIP HOP COMPANY	KL
FRIDAY								
STUDIO T			STUDIO D			STUDIO N		
OPEN FOR REHEARSALS & PRIVATE LESSONS			4:00-4:30pm	MINI ACRO	MC	7:00-8:00am	MORNING SWEAT SESSION	KY
			4:30-5:30pm	BEGINNING ACRO 1/2	MC	8:00-9:00am	BODY SCULPT	KY
						12:00-1:00pm	CARDIO CIRCUIT	KY
						3:30-4:30pm	HIP HOP/BREAK DANCE COMBO 1/2	DR
						4:30-5:30pm	SPANISH DANCE 1/2	KY
						6:30-7:30pm	URBAN TANGO	KY
SATURDAY								
STUDIO T			STUDIO D			STUDIO N		
OPEN FOR REHEARSALS & PRIVATE LESSONS			11:30-1:00pm	TEEN/ADULT BALLET	PM	OPEN FOR REHEARSALS & PRIVATE LESSONS		
SUNDAY								
STUDIO T			STUDIO D			STUDIO N		
12:30-2:00pm	SENIOR TAP COMPANY	KL	3:30-5:00pm	SENIOR CONTEMPORARY/JAZZ COMPANY	KL	5:00-6:00pm	CARDIO BREAK DANCE - DONATION	DR
2:00-3:30pm	GROUP TAP COMPANY	KL	7:00-8:30pm	TEEN JAZZ COMPANY	MS			